

		Week 1	Week 2	Week 3	Week 4
Monday	Main	Chicken in a bun served with oven roasted Herby Seasoned Potatoes Cheesy Omelette served with oven roasted Herby Seasoned Potatoes	Brunch (Bacon, Hash Brown, Omelette/Scrambled Egg) with a fruit juice Vegetarian Brunch (Quorn Sausage, Hash Brown, Omelette/Scrambled Egg) with a fruit juice	100% Oven Baked Chicken Chunks served with Herby Seasoned Potatoes Cheese & Rice Flan served with Herby Seasoned Potatoes	Brunch (Bacon, Hash Brown, Omelette/Scrambled Egg) with a fruit juice Vegetarian Brunch (Quorn Sausage, Hash Brown, Omelette/Scrambled Egg) with a fruit juice
	Side	Peas & Sweetcorn, Salad Bar	Baked Beans, Salad Bar	Peas, Sweetcorn, Salad Bar	Baked Beans, Salad Bar
	Dessert	Arctic Roll, Fresh Fruit, Cheese & Crackers	Homemade orange cookies, Fruit Mousse, Fresh Fruit	Ice Cream Tub, Yoghurt, Cheese & Crackers, Fresh Fruit	Raspberry Bun served with wedge of fruit, Cheese & Crackers, Fresh Fruit
Tuesday	Main	Homemade Cottage Pie Selection of filled Wraps & Baguettes served with a Pasta Salad	Big Fishy Fishcake served with Herby Seasoned Potatoes Homemade Tomato Pasta served with Garlic Bread	3" Yorkshire Pudding filled with Minced Beef & Gravy served with Mash Potatoes Vegetarian Lasagne (Quorn)	Oven Baked Pork Sausage served creamed potatoes & gravy Split red lentil & vegetable curry served with boiled rice & naan bread
	Side	Carrots, Green Beans, Salad Bar	Broccoli, Sweetcorn, Salad Bar	Vegetable Medley, Salad Bar	Carrots, Green Beans, Salad Bar
	Dessert	Lemon Drizzle Cake, Fresh Fruit Mix, Yoghurt	Apple Flapjack, Cheese & Crackers, Fresh Fruit	Lemon Drizzle Cake, Fruit Mousse, Fresh Fruit Mix	Jelly & Ice Cream, Fruit Mousse, Fresh Fruit Mix
Wednesday	Main	Traditional Roast Dinner served with fresh seasonal vegetables Quorn Sausage Dinner served with fresh seasonal vegetables	Traditional Roast Dinner served with fresh seasonal vegetables Roast Vegetarian Meatballs Dinner	Traditional Roast Dinner served with fresh seasonal vegetables Quorn Sausage Dinner served with fresh seasonal vegetables	Traditional Roast Dinner served with fresh seasonal vegetables Roast Vegetarian Meatballs Dinner
	Side	Carrot & Turnip, Cabbage, Salad Bar	Carrots, Broccoli, Salad Bar	Carrots & Turnip, Cabbage, Salad Bar	Carrots & Broccoli, Salad Bar
	Dessert	Homemade Rice Pudding served with raisins, Fresh Fruit, Cheese & Crackers	Homemade Fruit Sponge & Custard, Yoghurt, Fresh Fruit	Homemade Rice Pudding served with raisins Cheese & Crackers, Fresh Fruit	Homemade Fruit Crumble & Custard, Cheese & Cracker, Fresh Fruit
Thursday	Main	Homemade Chicken Curry served with boiled rice & naan bread Homemade Cheese & Rice Flan served with Potato Wedges	Homemade Hot Pot served with crusty bread Selection of filled Wraps & Baguettes served with Potato Wedges	Homemade Chicken Curry served with boiled rice & naan bread Selection of filled Wraps & Baguettes served with a Pasta Salad	Bolognese Pasta served Garlic Bread Selection of filled Wraps & Baguettes served with a Pasta Salad
	Side	Green Beans, Sweetcorn, Salad Bar	Beetroot, Cabbage, Salad Bar	Green Beans, Sweetcorn, Salad Bar	Peas & Sweetcorn, Salad Bar
	Dessert	Melting Moment served with wedge of fruit, Yoghurt, Fresh Fruit Mix	Jelly & Ice Cream, Fresh Fruit Mix	Shortbread Biscuit served with wedge of fruit Yoghurt Fresh Fruit Mix	Fairy Cake served with wedge of fruit Yoghurt Fresh Fruit Mix
Friday	Main	Traditional Fish & Chips Homemade Margherita Pizza served with chips	Fish Fingers served with Chips Homemade Margherita Pizza served with chips	Traditional Fish & Chips Homemade Margherita Pizza served with chips	Fish Fingers served with Chips Homemade Margherita Pizza served with chips
	Side	Mushy Peas, Salad Bar	Garden Peas, Salad Bar	Baked Beans, Salad Bar	Mushy Peas, Salad Bar
	Dessert	Cooks own chocolate bake day	Cooks own chocolate bake day	Cooks own chocolate bake day	Cooks own chocolate bake day

Meat free:		Served Daily: Filled Jacket Potatoes with a daily choice of various fillings							Served Daily: Chilled Milk, Milkshake and Water																			
		SEPTEMBER			OCTOBER			NOVEMBER			DECEMBER			JANUARY			FEBRUARY			MARCH								
M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F			
5	6	7	8	9	3	4	7	8	9	10	11	5	6	7	8	9	1	2	3	6	7	8	9	10	1	2	3	
12	13	14	15	16	10	11	12	13	14	15	16	12	13	14	15	16	17	18	19	20	13	14	15	16	17	18	19	
19	20	21	22	23	17	18	19	20	21	22	23	19	20	21	22	23	24	25	26	27	20	21	22	23	24	25	26	27
26	27	28	29	30	24	25	26	27	28	28	29	30	26	27	28	29	30	31		23	24	25	26	27	28	29	30	31