

# PE Report

July 2017



## Overview of PE

PE is taught across school in mixed ability groups; similar ability groups are used where appropriate. Teachers use the LCP scheme of work for dance, gymnastics and games but it is adapted to suit the needs of the children in their class. KS1 use Fundamental Skills as a weekly focus. We have also now created a big emphasis on fitness and sustaining energy in PE, which includes regular use of the 'Weekly Mile' and fitness sessions catered to the specific age group.

The subject is taught across the school by class teachers with input from external coaches as rugby, fitness, multi-skills and football. A secondary specialist has supported the delivery of PE in Year 6 to support transition. Children have two hours of high quality curriculum time in PE per week and there are opportunities to extend this time with after school clubs and events. The school is focused on ensuring that children receive well rounded and regular PE sessions. All children from Year 1 upwards receive 8 swimming lessons per academic year.

We ensure pupils enjoy their work by providing interesting activities supported by high quality resources. Cross curricular learning is beginning to take place, for example, looking at the effects of exercise on the body in science and orienteering linked to geography and map reading, as well as linking subjects such as dance and athletics to our cross-curricular themes.

The needs of minority groups are being met by careful planning ensuring all children are as active as possible within the sessions. We have also attended a number of competitions with these groups as our focus.

## Participation in Extra-curricular Activities

Our use of 'Children's University' is showing a great improvement of children from minority groups, as well as within our school in general attending extra-curricular clubs and activities. It also allows us to monitor very closely which children are attending clubs and how often.

In the 2016-17 academic year, 58% of our school gained a certificate from children's university, meaning that every one of these children had achieved a minimum of 30 hours of club attendance during their time in school.

36 of these children attained Bronze Award (30 hours)

9 of these children attained Silver Award (65 hours)

6 of these children attained Gold Award (100 hours)

3 of these children attained Bronze Certificate (130 hours)

4 of these children attained Silver Certificate (165 hours)

## Key Events and Notable Achievements

- Silver School Games Mark achieved.
- Intra-school competition (Level 1 competition) throughout the year: Whole School marathon activity, Year 3/4 and Year 5/6 Tennis Competition, whole school sporting activity afternoon, Year 5/6 Rounders, Football and Cricket matches, swimming competitions.
- Attendance at a number of competitions throughout the year including Table Tennis, Rugby, Girls Football, Swimming, High 5 Netball, Athletics, Kwik Cricket (Level 2 competition), Long Distance Running.
- Attendance at a range of Girls and Boys football festivals.
- Link with Widnes Vikings giving up to 4 hours of weekly curriculum coaching, as well as lunch and after school clubs.
- Multi Skills coach for Key Stage 1 and 2 offering new types of sport such as orienteering, archery and more.
- Early morning girls and boys football impacting on attendance and punctuality.
- Visit from Widnes Vikings players and mascots.
- ‘Mile-a-day’ run in Year 5 and 6 impacting on levels of fitness, growth mindset, target setting, also running down into year 4 and 3.
- Attending a number of Widnes Vikings and Liverpool Ladies matches with a range of children rewarding positive contributions to school life and behaviour.
- Continued participation in Children’s University with 58 children graduating this year (a huge improvement on the year before).
- Participation in Widnes and Runcorn Boys Football League.
- Colour Run at Summer Fayre raising upwards of £350.

## Staff CPD

- Widnes Vikings CPD coaching within curriculum time.
- Multi Skills CPD coaching within curriculum time.

## Future Actions

- Maintain Widnes Primary School Sports Association affiliation – provides access to a range of sporting events within the competition calendar.
- Maintain Children’s University membership and aim for more children to graduate next year.
- Widnes Vikings Partnership to continue to provide a wider range of activities and opportunities for our children, enhancing our focus on fitness with the use of the ‘Game Changer’ unit.
- Aim to maintain Silver Schools Games Mark, with a potential aim for Gold.
- Extra-curricular clubs mapped out across the year and linked to the School Games Calendar.

- Identify those children not participating at KS2 or in need of nurture and develop clubs around their interests and Widnes Vikings lunch time opportunities.
- Continue to develop assessment and recording to ensure effective handover and squad selection.
- Comprehensive handover to D Gaskell