

# All Saints' Upton C.E. Primary School

## Policy for Sex and Relationship Education

### Introduction

- This document is a statement of our aims, strategies and intentions in S.R.E. at All Saints' Upton C.E. Primary School.
- It was developed in the autumn of 2005. It has been reviewed in March 2016.
- It is agreed by the Governing Body annually. A schedule for reviewing policy documents is set out in the school's development plan.

### What is S.R.E?

- Sex and Relationship Education (S.R.E.) is the term used to cover units of work including puberty and change, feelings, relationships, reproduction and responsibility.
- We consider that at the primary stage, S.R.E. should not be taught as a separate subject, but that aspects of it should be intertwined within science and personal, social and health education and citizenship.

### Aims

- To give children a positive self-image and to have good feelings and attitudes towards living and loving, respectful personal relationships and family life, and to lay the foundations for responsible moral attitudes and behaviour.
- To be aware of children's needs and understanding at various developmental stages and respond accordingly.
- To begin to provide information which will promote an understanding of sexuality as an integral part of an individual's moral, spiritual, social and physical development.
- To develop the personal confidence for the child to ask questions or talk openly about sexuality using the appropriate vocabulary.
- To answer questions sensitively, relevant to the age and level of maturity of the child.

## **Strategies for Organising S.R.E.**

We at All Saints Upton C.E. Primary School regard S.R.E. as a whole school issue, and believe that opportunities to teach about the importance of living a healthy lifestyle occur through the curriculum.

At Key Stage 1 5 -7 year olds should be taught:

- That animals, including humans move, feed, grow, use their senses and reproduce.
- To recognise and compare the main external parts of the bodies of humans.
- That humans and animals can produce offspring and these grow into adults.
- To recognise similarities and differences between themselves and others and to treat others with sensitivity.

At Key Stage 2 7-11 year olds should be taught:

- That the life processes common to humans and other animals include nutrition, growth and reproduction.
- About the main stages of the human life cycle.

Pupils' knowledge should expand to include physical changes expected at puberty, taught through sessions with the school nurse.

## **Roles and Responsibilities**

The role of the "Be Healthy" team is to:

- take the lead in policy development and the implementation of S.R.E. in the planning designed to ensure progression and continuity.
- keep the Headteacher, governors and staff informed on up to date trends and current good practice.

## **Child Protection**

- If any disclosure occurs during a health-based lesson and concerns are raised, teachers will follow the school's procedures for child protection.

Signed Fran Mc Bride  
Chair of curriculum committee  
Date 15<sup>th</sup> July 2013